

AYER'S LAWS

AYER'S LAW NO. 1

"Mankind does not progress and develop at the rate—or to the extent—possible, or at the rate and to the extent that its best educated and competent leadership could lead, or believes it is leading. In the last analysis, mankind's development is controlled by the rate at which the great mass—even the least able one—can and does follow."

AYER'S LAW NO. 2

"If something needs to be done, and if, in the end, it is not done, then you and I are among those who did not do it."

Taken from the collected writings and wisdom of Perley Ayers who believed that "every person—man, woman and child—should have the opportunity to be better than he or she is."

Urban Appalachian Council 2007 Annual Report



Community Education and Services

UAC's programs serve individuals from many of Cincinnati's neighborhoods, including Western Hills, Covedale, Westwood, Over-the-Rhine, East End, Camp Washington, Lower and East Price Hill, Northside, Riverside/Sedamsville, Saylor Park, and South Fairmount.

Project ACE

UAC's Project ACE (AmeriCorps Community Education) is operated in partnership with ten community-based education centers. AmeriCorps members provide community education, academic tutoring, and/or educational enhancement activities in low-income neighborhoods.

- ◆ 73% of GED program participants reached high school functioning levels in both reading and math.
- ◆ A total of 103 students who were involved in the GED program, achieved their GED certification during this program year.
- ◆ 269 persons served by AmeriCorps volunteers demonstrated a grade level advancement on administered standardized tests.

Family and Youth Services

UAC has made education and training top priorities for the organization. Through UAC's programs, parents and youth develop increased skills in communicating, conflict resolution, life management and related skills.

- ◆ Three parenting education series were provided with an average of 90% of those parents who completed the parenting education series demonstrating an increase in knowledge of parenting skills.
- ◆ Emergency assistance was provided to 2,134 individuals. UAC was able to greatly increase the number of people who receive assistance by collaborating with the Community Action Agency's winter/summer utility assistance program.
- ◆ 1,417 individuals with serious crisis situations received intensive support and services.
- ◆ 664 individuals were provided with Client Advocacy Services.
- ◆ 28 youth were enrolled in the After School Homework Help program, and 100% of those youth pre and post tested showed an improvement in at least one area that was measured (reading or math). A new 12-week French Club provided enrichment and study of French language and culture.
- ◆ Three Life Skills/Employability classes were offered to 78 individuals.
- ◆ UAC's holiday program provided gifts to 369 individual youth and adults.

Community Outreach and Development

Cultural Programs

To celebrate, and increase awareness of, Appalachian culture, UAC sponsored a number of cultural events including:

- ◆ Ringing in an Appalachian New Year
- ◆ Fine Arts Sampler Weekend

Board of Trustees

Kevin Feazell, President
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- ◆ Arts Partnership Residencies – themes include ‘Booklearning’ vs ‘Street Smarts’, The State of Being a Young Woman in America (and My Community) Today, Women’s Wisdom: Passing it On, What My Mother Never Told Me
- ◆ Fourth Annual Humor Fest: Laughter is Good Medicine

Health Education

The Lower Price Hill Health Fair was held this year with approximately 90 people in attendance. Participants were given free health screenings and had access to free information at health/education booths. In addition, there were three mini-health fairs offered, one in East Price Hill, and two in Lower Price Hill, one of which focused on osteoporosis information and prevention.

UAC also conducted a total of 19 workshops on nutrition and exercise in four Appalachian neighborhoods.

UAC, an equal opportunity employer and an equal provider of service, is supported by grants from the United Way of Greater Cincinnati, City of Cincinnati, the Greater Cincinnati Foundation, the Ohio Arts Council, the National Endowment for the Arts, Ohio State ABLE, the Commission on Religion in Appalachia, the National Institute for Environmental Health Sciences, AmeriCorps, Save the Children, and contributions from individuals, churches and foundations.

Stories...

"Sarah Jones is a single mother who came to the Urban Appalachian Council's Adult Education program to work toward her GED. She was receiving assistance from ODJFS and was mandated to be in a program. She enrolled in our GED program and obtained her GED on October 23, 2008. She also completed the comprehensive employment program and was employed within a week, full-time, at Family Dollar. To date, she is still employed and has received a promotion and a raise in pay. Sarah continues to move herself and her family toward self-sufficiency."
- Phyllis Shelton, *Program Director*

"Stephanie is one of UAC's Project ACE AmeriCorps members providing service since September at our East Price Hill ABE/GED program. Stephanie tutors one on one with students in the classroom. She currently is working with a student who lives in a nearby half-way house. Since beginning the tutoring sessions, her student has increased two academic grade levels (documented nationally on standardized tests) and is working hard to obtain his GED. Her student has stated, 'In all the times I have been in school, this is the only place I have learned things.'
- Phyllis Shelton, *Program Director*

"I was very excited about becoming an AmeriCorps volunteer as a Community Health Educator. We brought a wealth of health and nutrition information to four communities. I also had the opportunity to become part of the Lower Price Hill Women's Wellness Group. I will never forget what it was like to hear the stories... I received far more than I gave by this experience."
- AmeriCorps Volunteer

UAC Staff

Becky Durbin-Hacker, *Receptionist– E.P.H.*

Cheryl Hodge, *Literacy Specialist*

Debbie Holmes, *GED Instructor*

Bonnie Hood, *Program Coordinator*

Donna Jones, *Environmental Comm. Outreach*

Nancy Laird, *Family Development Specialist*

Frannie Merida, *Receptionist – Main Bldg.*

Larry Redden, *Assistant Director*

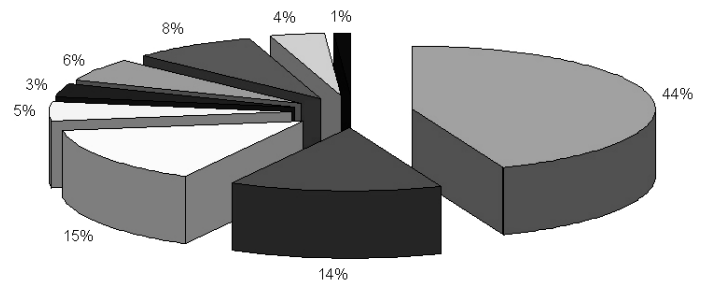
Phyllis Shelton, *Program Director*

Mildred Smith, *Administrative Assistant*

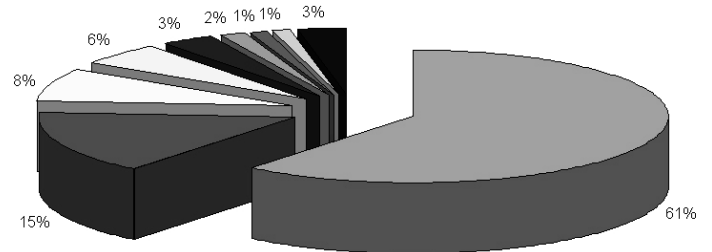
Maureen Sullivan, *Executive Director*

Christina Woody, *Program Administrative Assistant*

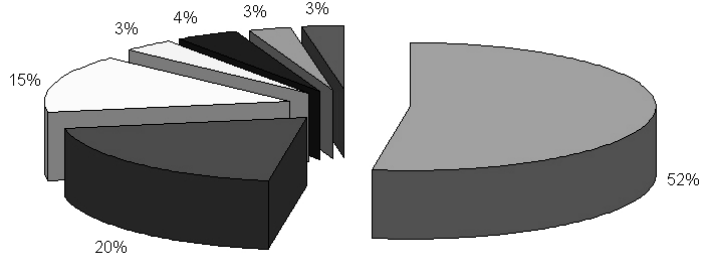
2007 Revenue (Unaudited)	Amount	%
Government Fees/Grants	389,094	44%
United Way Allocation	123,680	14%
Foundations	130,727	15%
Special Events	42,776	5%
Program Fees	29,440	3%
Program Matching Contributions	53,862	6%
Contributions	71,811	8%
Donated Services/Materials	33,885	4%
Miscellaneous	8,630	1%
Total	883,905	100%



2007 Expenses (Unaudited)	Amount	%
Salaries	566,462	61%
Payroll Taxes/Fringe Benefits	143,267	15%
Other Program Expenses	75,514	8%
Contract Fees	51,451	6%
Occupancy	29,414	3%
Supplies	17,168	2%
Assistance to Individuals	10,638	1%
Insurance	9,995	1%
Depreciation	28,001	3%
Total	931,909	100%



Expenses by Program Area	Amount	%
Community Education & Employability	490,495	53%
Strengthening Families	182,618	20%
Management	136,040	15%
Community Advocacy	32,413	3%
Youth Development	37,348	4%
Cultural Programs	26,950	3%
Fund Raising	26,046	3%
Total	931,909	



The Urban Appalachian Council (UAC) is a non-profit, social service organization that provides direct and advocacy services in communities of Cincinnati most heavily populated by Urban Appalachians.

The Urban Appalachian Council was incorporated in 1974 to "promote a decent quality of life for the Appalachian people of Greater Cincinnati."

UAC's programs focus on education, leadership development, family and human services, cultural celebration and access to employment and training.

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